



MANOR
LIFE

A matter of choice

Rated
"Good"
by CQC



Lincombe Manor Care Centre

Torquay

Luxury Residential
and Nursing Care Home



Welcome

Lincombe Manor Care Centre in Torquay offers the finest Residential and Nursing Care for older people in the South West.

Opened in 2012, our Torquay care centre is a modern, purpose-built facility, expertly and thoughtfully designed to meet the needs of the residents.

We have 48 bedrooms, all with en-suite wet room facilities and flatscreen TVs. Communal areas offer a choice of tranquil settings, creating an important therapeutic atmosphere. Our quiet lounge offers calming space and light with wonderful panoramic sea views of the bay and a smart TV with internet access and Netflix.

Our second communal area offers space to both relax and socialise; it too has a television and drinks facilities for residents and guests. All of our living spaces can have looped hearing systems installed on request, and of course, round-the-clock nursing and personal care are always on hand, from our friendly, expert team.

It's the perfect choice for those in search of quality care, an active social life, comfortable surroundings and delicious home-cooked meals in a warm, welcoming environment.



A Home from Home

We see Lincombe Manor Care Centre as your home and we like you to treat it exactly like home. You decide what you want to do and when to do it and we are the guests within it.

Each day is yours. We can entertain you or you can entertain your friends in one of our comfortable lounges. There are no fixed visiting hours, so friends and family can come and see you at any time.

Whether it's relaxing in your own room, enjoying a chat and a glass of wine with friends before dinner, or sitting out on one of our many sea view terraces - life at Lincombe Manor is what you want it to be.

You'll also enjoy daily-changing menus of our restaurant-standard food, and an alcoholic drink with all main meals – we are able to cater for all your individual dietary requirements.

Come and see for yourself why we are so proud of our care home. Visit us any time for a cup of tea and a chat and we will show you around the home and introduce you to the people, who day in, day out, make this home flourish.



A Spectacular Setting

Lincombe Manor is set in beautiful, mature grounds with breath-taking, panoramic sea views out over Torbay. At the heart of this relaxed and tranquil setting is the Manor House, a magnificent Grade II listed building, dating back to 1864.

Lincombe Manor is ideally positioned in the much sought-after area of the Lincombes, just one mile from Torquay town centre. Torquay itself is part of the stunning 'English Riviera', which also includes Paignton and Brixham. The English Riviera is a resort in the truest sense of the word, attracting people of all ages and interests.

Torquay has recently undergone a water-front regeneration, and a number of new attractions can be seen in Torquay. It's a true English seaside town that has something for everyone.



It was the Victorians who first used the English Riviera name to describe their favourite resort and their legacy remains to this day, with sparkling white buildings perched on the verdant hilltops, beautiful gardens around the seafront and elegant Victorian facades along the main streets.

Torquay's famous seven hills provide the backdrop to a waterfront scene that matches anything you'll find on the French Riviera.

Author Agatha Christie found the area inspirational for her work.



Health & Wellness

We all know that keeping active is important - mental and physical stimulation is widely recognised as a way of improving general well-being.

At Lincombe Manor Care Centre, our Health & Wellness programme is specially designed to do just that. Each week, our dedicated Health & Wellness team plans a programme for you that includes arts and crafts, various workshops, music, entertainment and gardening.

Indeed, many of the residents see living at Lincombe Manor Care Centre as an opportunity to develop a new skill or interest.

The programme caters for a wide range of needs and abilities, so anyone can participate.





Bedrooms

All of our rooms have been furnished by professional interior designers to reflect the peace and tranquillity of coastal living. They feature the highest standard of fixtures, fittings and fabrics.

Bedrooms at Lincombe Manor offer you the ultimate in privacy, comfort and security.

Each room comes with an en-suite wet room with walk-in shower and a flatscreen television for your personal entertainment. Our rooms also benefit from a personal direct dial telephone system, allowing uninterrupted communication by family and friends direct to your room, and a 24-hour emergency nurse call system.

Beds are electronically adjustable with multi-postural positioning. There is also a comfortable, complimentary armchair with foot stool, and space for additional medical equipment, should this ever be required.

All rooms are cleaned daily, with regular spot cleaning and rubbish removal. Linen and towels provided as required, along with a personal laundry service. Personal belongings that make you feel at home are warmly encouraged, including small furnishings, paintings and photos.



Food & Drink

Lincombe Manor Care Centre recognises that, for many of us, the enjoyment of good food is an important part of our lives. Our restaurant-standard food is freshly cooked-to-order and prepared with care.

Our team of chefs do their utmost to accommodate the residents' wishes through the preparation of mouth-watering meals, using the freshest ingredients, seasonal produce and local suppliers wherever possible.

The menu choices change constantly and include many traditional dishes whilst also encouraging you to sample a variety of new tastes which you may not have had the opportunity of experiencing before. We also encourage you to make suggestions as to the meals that should be available via surveys and chefs visiting you in your rooms.

Particular attention is given to the nutritional requirements of each resident. We will cater for your special and therapeutic diets, as advised by Health Care Professionals and agreed in each resident's plan of care. We are able to arrange special meals, such as diabetic, halal, vegetarian, gluten-free and non-vegetarian, and we are trained in the modification of diet and fluids in order to keep you safe.



Breakfast, lunch, and supper can be served in the dining room or in the comfort of your own room. Morning coffees, and afternoon tea with a selection of our homemade cakes and pastries, are available in the sitting rooms or can also be delivered to your room.

Tea, coffee and soft drinks are freely available at any time, and visitors are welcome to join you for meals or to simply chat over a cup of tea or coffee.

Birthday parties and other celebrated events are deemed extremely important. Our chefs and well-being lead are always delighted to meet with you and discuss arrangements, and to assist in any way they can.



Nursing Care Services

We aim to provide the best care, support and advice by working with you and your family to develop an individual plan of care, which all our team follow. Your health and social needs alongside your personal choices and preferences are continuously reviewed and tailored to meet all your needs as you live with us.

Compassionate, highly qualified nursing staff are in attendance 24-hours a day, 365 days a year, to give the very best care and attention. We care for people who may require our empathy, love and understanding whilst receiving personalised care, treatment and support. Our services are available to those with a wide range of daily living and clinical care needs.

You can draw upon our professional management of complex care needs. Nursing care services can often include continence care, wound care, medication management, diabetes management, catheter and colostomy care, physical frailty and immobility.

We also offer specialist services to the NHS; re-ablement services which include therapeutic and cognitive exercise to maintain one's well-being.



All care services are provided offering the greatest flexibility. Costs are based on the level of nursing and care support required for a resident in any 24-hour period.

Types of general care available:

- Residential care
- Nursing care
- End of Life care
- Respite care

Types of specialist care available:

- Cancer Care
- Epilepsy
- Head/Brain Injury
- Hearing Impairment
- Motor Neurone Disease
- Multiple Sclerosis
- Orthopaedic
- Parkinson's Disease
- Speech Impairment
- Stroke
- Visual Impairment



Dedicated Nursing Team

All of our team are carefully selected, not only for their expertise and qualifications, but also for their genuine warmth, sensitivity and dedication.

Manorlife provides on-going education, learning and development opportunities to all of its employees and our nursing staff are all registered with the Nursing and Midwifery Council. As a local provider of specialist care we work closely with multidisciplinary healthcare groups and GPs to ensure all clinical needs are met.

The team at Lincombe Manor Care Centre have available to them the latest nursing equipment to monitor, audit, assess and treat the resident's needs. All equipment provided meets the latest safety standards for the benefit of the team and residents alike.



Residential Care

Quality of life is always an important consideration. As we get older, it's even more important. Often it gets harder to manage on our own, or we need a little more help than we currently receive.

Choosing to live in a care home can make a dramatic difference to your general quality of life.

Our facilities and services for longer term residential care not only includes luxury accommodation, delicious home-cooked meals, individual support and personal care, but also additional social activities for everyone to get involved in. That creates a warm community environment, where you feel a strong sense of belonging.

Our highly trained care team focus on maintaining your dignity and independence, while catering for your physical, psychological and spiritual needs.



Respite Care

Everyone deserves time out. Whether you care for a relative, are a professional carer, or are in need of permanent care yourself, taking a break from your usual routine can do wonders for you. Respite care tailored for your individual needs is available at Lincombe Manor Care Centre.

As a carer you can relax, knowing that your loved one is in a safe, welcoming environment with first class care tailored to their needs. A respite stay at Lincombe Manor Care Centre gives many people the opportunity to experience our excellent service among friendly and welcoming staff and residents alike.

Respite stays are often short-term, 1 to 4 weeks generally. Even with short stays, the relationships that the individual builds between the Care Centre and themselves give great reassurance to all concerned, especially if a longer stay ever becomes necessary.

Respite care is also ideal for those who are well enough to leave hospital but not yet well enough to return home. We offer this respite care and support to those seeking to regain or relearn skills that may have been lost, thus improving the resident's confidence to live independently again.



End-of-life Care

At Lincombe Manor Care Centre, outstanding care is delivered to the people we support at all stages of their lives. This is especially important when it comes to our end-of-life services for people who are not expected to recover.

Our nurse-led team work with highly skilled, multi-disciplinary professionals to provide 24-hour specialist care to individuals with end stage illnesses. This includes symptom control, pain management, physical, psychological and spiritual care with emotional support.

We offer the space, tranquility and compassion, combined with dedicated carers, to provide the crucial support needed by individuals, their families and their friends in these difficult times.



Summary of Benefits

Bedrooms

- En-suite wet room with walk-in shower
- Electric, multi-positional bed with pressure reduction mattress
- 24-hour emergency nurse call system
- Personal direct dial telephone
- Flatscreen TV
- In-room seating & footstool
- Linen and towels provided as required
- Daily personal laundry service
- Daily cleaning of room, with regular spot checks
- Looped hearing systems can be fitted in your rooms on request

Communal facilities & services

- Use of all communal residential areas including TV lounges, sea view terrace, dining room, gardens and manor house terrace
- Choice of quiet area for relaxation
- Dining services of three daily, well-balanced, delicious meals in our elegant dining room or by room service
- Daily snacks and refreshments available in the Care Centre coffee lounge or delivered to your room
- Quality furnishings and artwork in communal areas
- Maintenance of the building and grounds
- Council taxes, utilities, WiFi, TV licence and telephone (excluding call charges)
- Regular communication with resident's own GP



Personal benefits & services*

- Hair & beauty care
- Chiropody
- Audiology
- Ophthalmology
- Dentistry
- Escort and wheelchair taxi to hospital appointments
- Newspaper delivery
- Guest meals

*additional cost





About Manorlife

Manorlife understands that choosing a care home is as much about being able to live life to the full in comfortable surroundings, as it is about receiving individual professional and expert care.

Choosing a Manorlife Care Home is a positive option and a place where you or your loved one will enjoy living. Our care homes, in striking buildings with stylish interiors, are idyllically located in stunning countryside or coastal settings, a retreat that offers a range of facilities, services and activities designed to enhance your quality of life.

We're setting new standards in care delivered by an independent provider. With a holistic and collaborative approach to care, and local multi-disciplinary health care teams, we ensure all of your clinical and personal care needs are met.

Manorlife offers a caring culture based on its experienced care team, who work constantly on developing and maintaining positive relationships. Our residents are involved in all decisions about the care and support they receive from our warm, positive and polite team. We're responsive to the unique needs of every resident, whilst maintaining their privacy, dignity and security at all times.



Leaving the M5 or the A30 follow signs A380 to Torbay and continue for about 13 miles – go straight on at the Penn Inn roundabout to Newton Abbot. At the next main roundabout take the first exit onto the A3022 Riviera Way. Continue for about 2.6 miles.

Proceed over the B3199 Avenue Road to Torquay sea front. At the sea front turn left and follow the main road beside the sea passing the Princess Theatre. Continue past the harbour and turn left at the clock tower onto Torwood Street. At the traffic lights turn right onto Park Hill Road which very soon becomes Meadfoot Road. Continue up Meadfoot Road and take the second left into Higher Woodfield Road.

Take the second right into Middle Lincombe Road, (it bears left into Ridgeway Road and Middle Lincombe Road is straight on). Continue to the very end of Middle Lincombe Road where you will see the entrance to Lincombe Manor.



Postcode for satellite navigation systems: TQ1 2AF.



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